30 July 2013

From the Principal’s Desk

Dear Parents and Caregivers

SCHOOL OPINION SURVEY
Today, 40 families will receive a parent/caregiver survey. Please note that there are TWO ways in which parents can complete the survey:

• Paper copy which should be sealed in an envelope and returned to school before 09 August; or
• Online – on each paper copy sent home is a unique set of codes and a website link for the survey to be completed online.

Only the online survey will be recognized if both methods are inadvertently submitted.

Please help us to make Kirwan State School even better by giving us your opinion through the annual survey. This data is important to our planning.

YEAR 7 INTO HIGH SCHOOL
If you have a child who is currently in Year 5 then you are probably discussing the transition they will have to make to High School in 2015 when they become the first cohort to take up Year 7 on a secondary campus.

We have been working closely with Kirwan State High School this year in terms of planning, teaching and student welfare so that we can make this transition as smooth as possible.

On Wednesday 04 September, Kirwan State High School leaders will host an evening information session here at Kirwan Primary School for parents whose children will go to high school in the year 2015. (This will include current Year 5 and Year 6 parents.) This will start at 6:00pm in the Resource Centre at Kirwan Primary School.

So that we can streamline the evening, I encourage parents to email admin@kirwanss.eq.edu.au with specific relevant questions they have about the transition to high school. I will collate these and provide them to the Kirwan State High School staff so they can include these in their presentation.

We are also working with our other “feeder” schools, Heatley College and Thuringowa State High School, so that parents who will be attending these schools can have an opportunity to learn about their chosen school’s specific educational setting.

PREP INFORMATION SESSIONS
For the many very anxious parents who have been ringing us since the beginning of the year about Prep enrolment for 2014, get your calendars, PDAs and mobile phones out……our first Prep information session day will be held on Wednesday 28 August.

There will be two sessions offered: 9:30am and 6:00pm, in the Resource Centre at school. These sessions offer a snapshot of Prep at Kirwan State School, question time and booking for Prep Interviews which is an integral part of the enrolment process. Another information session will be offered in October – date to be advised – so watch our newsletter, school sign and website for further information in Term 4.

The first of our Prep Come and Try Days will be held on Thursday 19 September. This is an opportunity to meet the prep teachers and bring your precious little one along for a morning session in a Prep class at BIG SCHOOL – how exciting!!

I look forward, as I do every year, to meeting our new children and their parents.

Until next week … kind regards
Melissa Jackson
Principal
From the Deputy Principal - Donna Cockrem

SWEETS AND PACKING A HEALTHY LUNCH

Currently we have a number of students bringing large quantities of sugary type lollies for lunchtime consumption. Good nutrition is important throughout life. Young people need the right foods for many reasons; to give energy to participate in activities; to provide essential nutrients to ensure correct growth and development; to supply fuel for concentration and learning; to create healthy habits that will last all their lives. Lunch can provide a major part of the daily nutrient intake, so it needs to be healthy and filling. Think about the following food ideas to be included for a healthy, nutritious and interesting lunch that provides bursts of energy throughout the day: crisp salad veggies; fruit (cold and delicious); dried fruits (great brain food to nibble on); cheese sticks and slices (good calcium source); healthy snack packs (tuna & crackers or cheese & crackers); low fat muffins or slices; pretzels & popcorn; frozen juice, water or long-life milk drinks (helps keep lunches cool and quenches their thirst). So let’s encourage healthy eating with exciting lunch choices!

ANNIE

There are still programs and magnets available to purchase from the school office. You can now purchase a program and magnet for $5 in total.

Donna Cockrem – Acting Deputy Principal

From the Deputy Principal - Patricia Winter

GREAT WORK KIRWAN

What a fantastic week I have had. At Junior Assembly I gave out 20 Certificates to students for their excellent work in class and as Ms Cockrem has reported there were a lot of Gotchas handed out for excellent behaviour. I met many classes in Prep, Year 1, Year 2 and Year 3 and Prep F students came to visit me with examples of their amazing writing. Great work students.

ATTENDANCE

You may be aware that in Queensland, the law requires parents to ensure their compulsory school aged child is enrolled at school, and attends school for the educational program on every school day. Compulsory school age starts when a child is at least 6 years of age, and finishes when the child turns 16 years of age or completes Year 10, whichever is sooner.

Consistent attendance at school is a significant factor in achieving better academic and social outcomes. New concepts and skills are taught and reinforced each day by the teachers and if students miss the introduction or the reinforcement of these concepts and skills, they are likely to have gaps in their learning.

We are aware that sometimes there are extenuating circumstances so we ask that you please let us know when your student will be absent and the reasons why. We are also here to offer our assistance if needed so that we can keep our students in class, actively learning.

Patricia Winter – Acting Deputy Principal

From the HPE Department

CHAMPIONS DAY

All information for Champions Day has gone home to students so if your child is involved you should have received a note.

The program for Champions Field Events Day (Wednesday 07 August) is as follows:

<table>
<thead>
<tr>
<th>Event</th>
<th>10 yrs</th>
<th>11 yrs</th>
<th>12+ yrs</th>
<th>Sprint for 7 to 13 years</th>
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</thead>
<tbody>
<tr>
<td>9:00 – 9:30</td>
<td>Sprint for 7 to 13 years</td>
<td>Sprint for 7 to 13 years</td>
<td>Sprint for 7 to 13 years</td>
<td>Sprint for 7 to 13 years</td>
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<tr>
<td>9:35 – 10:00</td>
<td>High Jump</td>
<td>Long Jump</td>
<td>Shot Put</td>
<td>First Break</td>
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<tr>
<td>10:00 – 10:30</td>
<td>Shot Put</td>
<td>High Jump</td>
<td>Long Jump</td>
<td>First Break</td>
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<tr>
<td>10:55 – 11:30</td>
<td>100m</td>
<td>100m</td>
<td>100m</td>
<td>First Break</td>
</tr>
<tr>
<td>11:35 – 12:00</td>
<td>400m</td>
<td>400m</td>
<td>400m</td>
<td>First Break</td>
</tr>
<tr>
<td>12:05 – 12:40</td>
<td>Long Jump</td>
<td>Long Jump</td>
<td>Long Jump</td>
<td>First Break</td>
</tr>
<tr>
<td>1:30 – 3:30</td>
<td>800m</td>
<td>800m</td>
<td>800m</td>
<td>First Break</td>
</tr>
<tr>
<td>12:40 – 1:30</td>
<td>High Jump</td>
<td>Long Jump</td>
<td>Shot Put</td>
<td>First Break</td>
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<tr>
<td>1:35 – 2:00</td>
<td>High Jump</td>
<td>Long Jump</td>
<td>Shot Put</td>
<td>First Break</td>
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<tr>
<td>2:05 – 2:30</td>
<td>High Jump</td>
<td>Long Jump</td>
<td>Shot Put</td>
<td>First Break</td>
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<tr>
<td>2:35 – 3:00</td>
<td>High Jump</td>
<td>Long Jump</td>
<td>Shot Put</td>
<td>First Break</td>
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<tr>
<td>3:05 – 3:30</td>
<td>High Jump</td>
<td>Long Jump</td>
<td>Shot Put</td>
<td>First Break</td>
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</tbody>
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Kirwan’s Achievers

Congratulations to the following students who were the proud winners of the Student of the Week award for their class recently.

PrepA Lou-Cianna Kereopa 2C Layla Perfect
PrepB Bianca Atfield 2D Bailey Teeneo
PrepC Sincere Sibley 2E Blaze Buchanan
PrepD Jirair Spawinski 3A Jacqueline De Jong
PrepE Laura Oliver 3B Olivia Wood
PrepF Brodie Ernst 3C Nikita Saputo
1A Shelby Sellen 3D Dustin Buchanan
1B Peta-Jane Bogdanek 4A Ryan Blogg
1C Belle Stanek 4B Jack Murdoch
1D Ryan White 4C Victoria Aaron
1E Leena Wallis 5B Jacob Boyle
2A Zoe Patroni 6A Sashasha Taylor
2A Sophie Everett 6C/7D Ayden Wood
2B Zach Shaw 7C Imogen Murdoch
2C Harrison Prince 7C Dean Zarate

Kirwan Keepers

31 July ....................................................... NO JUNIOR ASSEMBLY THIS WEEK
31 July .............................................................. NAIDOC Day
02 August ........................................... Year 7 Parent Group Meeting – 7:00pm in Staffroom
07 August ...................................................... Athletics Champions Day
13 August ................................................... Defence Parent Chat Group – 2:00pm Defence Room
20 August ..................................................... Next P&C Meeting – 7:00pm in the Staffroom
28 August ..................................................... Prep Information Session Day (1st sessions)
August (Date TBA) ........................................ Father’s Day Stall
19 September ............................................. First Prep Come and Try Day
20 September ............................................. Last day of Term 3
08 October .............................................. First day of Term 4
October (Date TBA) ..................................... Prep Information Session Day (2nd sessions)

P&C Pieces

Next general meeting will be held on Tuesday 20 August at 7:00pm in the staffroom.

Laurelle Jones – P&C Secretary

P&C Fundraising News

Keepsake Tea Towels for Prep Students - The P&C Fundraising Committee will be offering this wonderful souvenir fundraiser to all our Prep students. Each child will draw a picture of themselves with their name. These drawings will be grouped into classes and included in a tea towel design with our school logo and year 2013. Order forms will be going home soon and keep reading KIRNEWS for updates. As the drawings will be done at school, your class teacher may like some assistance, so please ask if there is any way you can help.

Fun Run – the prizes have been ordered and should be here in the next few weeks.

Second Hand Uniform Shop – opens every Wednesday from 8:15am until 8:45am in F Block.

Father’s Day Stall – the P&C will be holding a Father’s Day stall in the last week of August. Stay tuned for more details. The fundraising committee will be looking for volunteers to help set up and sell on the stall during the week.

Laurelle Jones – P&C Secretary

Indigenous News

• NAIDOC Day celebrations will be held tomorrow, WEDNESDAY 31 JULY 2013. A special assembly will be held at 9:00am followed by some great Indigenous activities. The ICT1 room will be open during Break for some terrific craft activities so if you have missed out on an activity during the day, please come along.

• Be strong, smart and deadly........every day counts at Kirwan.

Michelle Lowe – Community Participation Officer

Years 2 and 3 Swimming Lessons

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>Monday</td>
<td>12:00noon</td>
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<tr>
<td>3D</td>
<td>12:30pm</td>
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<tr>
<td>Thursday</td>
<td>12:00noon</td>
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Term and Vacation Times For 2013 & 2014

<table>
<thead>
<tr>
<th>2013</th>
<th>Term Dates</th>
<th>Vacation Dates</th>
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</thead>
<tbody>
<tr>
<td>Term 1</td>
<td>25 Jan – 28 Mar</td>
<td>29 Mar – 14 Apr</td>
</tr>
<tr>
<td>Term 2</td>
<td>15 Apr – 21 June</td>
<td>22 June – 07 July</td>
</tr>
<tr>
<td>Term 3</td>
<td>08 July – 20 Sept</td>
<td>21 Sept – 07 Oct</td>
</tr>
<tr>
<td>Term 4</td>
<td>08 Oct – 13 Dec</td>
<td>14 Dec – 27 Jan 2014</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>2014</th>
<th>Term Dates</th>
<th>Vacation Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Term 1</td>
<td>28 Jan – 04 Apr</td>
<td>05 Apr – 21 Apr</td>
</tr>
<tr>
<td>Term 2</td>
<td>22 Apr – 27 June</td>
<td>28 June – 13 July</td>
</tr>
<tr>
<td>Term 3</td>
<td>14 July – 19 Sept</td>
<td>20 Sept – 06 Oct</td>
</tr>
<tr>
<td>Term 4</td>
<td>07 Oct – 12 Dec</td>
<td>13 Dec – 26 Jan 2015</td>
</tr>
</tbody>
</table>

Medication at School

At times it is necessary for children to take medication during school hours. We are aware of this need and are willing to assist you in this situation. However, due to directives from *Education Queensland*, and in conjunction with current regulations, *prescription medication only* can be administered by school staff and under doctor’s instructions. This means that *all* medication must come to school in a container, which is clearly labelled by the pharmacist with the child’s name, dosage and instructions for dispensing, together with the doctor’s name. If the medication is not prescribed by a medical practitioner, we are unable to administer this during school hours to him/her. Parents are very welcome to come along to the school and administer the medication at the appointed time, or alternatively, seek medical advice from their doctor re a prescription for the required medication. We appreciate your cooperation in this important matter.

Emma Talbot – HPE Teacher

Year 7 Parent Group

- Our next meeting will be this *Friday 02 August at 2:00pm* in the Resource Centre. We hope to see you there!

From the Guidance Officer - Food for Thought

**TIPS FOR GETTING ALONG WITH BROTHERS AND SISTERS**

- Sibling rivalry, though one of the classic age-typical behaviours of children, can be very frustrating for parents. Between the frictions it causes and the upsetting effect it has on the family, it persists as a major concern of parents.
- Pleasant, obedient kids fight with their brothers and sisters just as do unpleasant, disobedient kids. It is as much a part of growing up in a family setting as getting taller, having acne, and being worried about being accepted by the peer group.
- It is one way by which kids learn how to survive in society. It helps teach them what they can and cannot get away with. Remember, children are in the process of becoming civilized. As children, they are generally loving but at times can be selfish or self-centred. They may tend to be insensitive to the feelings of others. This is a normal part of growing up. Parents tend to give these kinds of behaviours far, far too much attention.

Here are five suggestions that, if learned and skilfully used, will have a powerful and positive effect on the quality of life in your home.

- Ignore inconsequential behaviour.
  (Most sibling rivalry is age-typical behaviour, most of which can and should be ignored. If left alone, it will likely just go away in time. It’s something we all grew out of – or at least most of us.)
- Remain calm and composed but direct when you must intervene.
  (Sibling rivalry must be attended to only when it becomes cruel, abusive, or threatening to a child’s normal, healthy development.)
- Teach appropriate social skills - how and what you want to do instead.
- Apply consequences that teach – when they get it wrong, go over with them what they should do next time.
- Acknowledge appropriate behaviour.

Be constantly on the lookout for opportunities to have positive interactions with your children when they are behaving together nicely. If you have a tendency to allow these opportunities to get away from you, you might want to keep a record or put little prompts up around the house to remind you to say positive things to your children about how they are playing (say what you see them doing). These help us measure and pace our behaviour.

- Model appropriate conflict resolution skills. This generally works better once the children have calmed down.

*I am at the school Monday, Tuesday and every second Wednesday. If you have questions or concerns regarding your child’s social, emotional or educational well-being, please feel free to contact the school and make a time to catch up. Cheers.*

— Maria Musumeci – Guidance Officer

Bike Shed Lock-up – 9:15am

Parents and students are reminded that the bike shed is locked up each morning at 9:15am. If a student arrives after this time, they need to collect the bike shed key from the main office to lock their bikes away. Bikes should never be left on the outside of the bike shed; they may or may not be there for collection in the afternoon!

Changes to Family Details

*Changed your home address or phone number recently? Perhaps a new job location! If you have changed any of your family details in the past few months, the school office staff would love to hear about it. These details are extremely important, particularly in the case of emergencies. Please send advice of any changes to the office or email us at admin@kirwans.eq.edu.au.
We thank you in anticipation of your support.*

Tuckshop Talk

- **THERE IS NO VANILLA MALT MILK.**
- Please check you have written the correct class on your child’s tuckshop order.
- Please ensure that you only order food that is available on that day.
- **NO FOREIGN COINS ACCEPTED AT TUCKSHOP!!**
Defence News

- Hi everyone! Our next Parent Chat Group is on Tuesday 13 August starting at 2:00pm in the Defence Room. Babies and toddlers are most welcome. See you all out and about.

  Jenny & Leigh – DSTAs

Annie Photo CD Order

<table>
<thead>
<tr>
<th>Student Name</th>
<th>___________________________</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class</td>
<td>___________________________</td>
</tr>
<tr>
<td>Number of CDs @ $5 each</td>
<td>___________________________</td>
</tr>
<tr>
<td>TOTAL AMOUNT ENCLOSED</td>
<td>___________________________</td>
</tr>
</tbody>
</table>

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