Dear Parents and Caregivers

P&C AGM
Don’t forget the P&C AGM TONIGHT in the staffroom commencing at 7:00pm.
I particularly encourage new families to our school to get involved in the P&C. This is a fantastic way to meet other committed parents and make a real difference to the ongoing improvement of your child’s school. I repeat...ALL ARE VERY WELCOME TO ATTEND.

PARENT TEACHER INTERVIEWS
Please be on the lookout for booking details for Parent Teacher Interviews for all classes in the next few weeks.
Prep teachers will be meeting with parents next week and also in Week 10. By now, all Prep parents should have received a letter advising of available times for interviews. Please return these quickly as it is “first come first served”.
All other year levels will be meeting with parents in Weeks 2 and 3 of next term. This is to allow teachers to complete the second unit of work before reporting to parents on children’s progress. This process will be completed using an ONLINE BOOKING FORM. Watch for details in a newsletter coming out soon.
I should point out to all parents that this opportunity is a golden one. For those of you who took the opportunity to attend parent inquiry cycles on writing, this will be a well-informed meeting where you can have a close look at your child’s work (writing focus) to see how they are tracking against the standard of the Australian Curriculum. Teachers will be able to show you a folio of writing which your child has completed and explain how your child is progressing.

PARKING AND TRAFFIC
Thank you to the many parents who were able to follow the traffic rules and regulations with the help of our local police officers last week. It was noted by many how much smoother and how much quicker the entire process was completed when everyone followed the rules.

Until next week … kind regards
Melissa Jackson
Principal
From the Deputy Principal – Tony Woodhouse

THE IMPORTANCE OF CHILDREN EATING BREAKFAST

As most of you would appreciate, breakfast is an extremely important meal of the day. Not only does it give our bodies the fuel it needs, it is also critical in helping to develop a balanced diet. Thus, it is even more important for children.

Breakfast, as the word suggests, literally means ‘breaking the fast’. After going 10–12 hours overnight without food, children’s energy reserves are low and their bodies and perhaps more importantly their brains, need fuel.

With our busy lives and the fact that the mornings are usually a rush in preparing for the school day and for work, breakfast sometimes gets overlooked. This in turn usually leads to children feeling flat, lethargic and unwilling to engage in the school program.

Eating breakfast can have a significant effect on learning, with students more able to pay attention and retain information, and more likely to be interested in learning.

Whilst our students are waiting in the shed area in the morning, there are a significant number of children who are busy eating their lunch for breakfast, which ranges from muesli bars to cupcakes and biscuits. A calm and healthy breakfast every day is a great way to support learning. It also helps children to get into good habits that they can carry through life.

ABSENCES

I have published previously, information about school absences and how they add up. Below is a chart which also shows how being late for school can impact on missed learning time. Although 10 mins per day may seem a small amount of time, missing out on the first part of a lesson can cause a child to become anxious, as they do not understand what they are learning and on occasion their peers look at them as they enter (it is like walking ten minutes late into a movie) which disrupts the flow of the lesson.

Students arriving to school with time to spare have the luxury of settling in, preparing their class materials and focusing their minds on the lessons to come. They have all the time they need to literally and figuratively wake up.

<table>
<thead>
<tr>
<th>He/She is only missing just...</th>
<th>That equals....</th>
<th>Which is.....</th>
<th>and over 13 years of schooling that’s...</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 minutes per day</td>
<td>50 minutes</td>
<td>Nearly 1.5</td>
<td>Nearly a half year</td>
</tr>
<tr>
<td></td>
<td>per week</td>
<td>weeks per year</td>
<td></td>
</tr>
<tr>
<td>20 minutes per day</td>
<td>1 hour 40 mins</td>
<td>Over 2.5</td>
<td>Nearly 1 year</td>
</tr>
<tr>
<td></td>
<td>per week</td>
<td>weeks per year</td>
<td></td>
</tr>
<tr>
<td>Half an hour per day</td>
<td>Half a day</td>
<td>4 Weeks</td>
<td>1 and a half years</td>
</tr>
<tr>
<td></td>
<td>per week</td>
<td>per Year</td>
<td></td>
</tr>
<tr>
<td>1 hour per day</td>
<td>1 day</td>
<td>8 Weeks</td>
<td>Over 2 and a half years</td>
</tr>
<tr>
<td></td>
<td>per week</td>
<td>per Year</td>
<td></td>
</tr>
</tbody>
</table>

Tony Woodhouse – Deputy Principal

Kirwan’s Achievers

Congratulations to the following students who were the proud winners of the Student of the Week award for their class recently.

<table>
<thead>
<tr>
<th>PrepA</th>
<th>Jesika Beauchamp 3A</th>
<th>Tonnar Gullison</th>
</tr>
</thead>
<tbody>
<tr>
<td>PrepB</td>
<td>Lillian Harper 3B</td>
<td>McKInlee Burton</td>
</tr>
<tr>
<td>PrepC</td>
<td>Harlem-Rae Henaway 3C</td>
<td>Matthew Lorber</td>
</tr>
<tr>
<td>PrepD</td>
<td>Lucas Oborne 3B</td>
<td>Tyler Denham</td>
</tr>
<tr>
<td>PrepE</td>
<td>Mekenzie Pacchirotta 3D</td>
<td>Ross Free</td>
</tr>
<tr>
<td>1A</td>
<td>Ayce Lawrence 3E</td>
<td>Joseph Evans</td>
</tr>
<tr>
<td>1B</td>
<td>Maddisen Pacchirotta 3F/4E</td>
<td>Shaun Clarke</td>
</tr>
<tr>
<td>1C</td>
<td>Lainey Horton 4A</td>
<td>Jai Russell</td>
</tr>
<tr>
<td>1D</td>
<td>Charli Harris 4A</td>
<td>Zoe Patroni</td>
</tr>
<tr>
<td>1E</td>
<td>Te Mana Royal 4B</td>
<td>Larry Parker</td>
</tr>
<tr>
<td>2A</td>
<td>Oscar Thomas 4B</td>
<td>Callum Gibbon</td>
</tr>
<tr>
<td>2A</td>
<td>Lara McGlynn 4C</td>
<td>Billie Price</td>
</tr>
<tr>
<td>2B</td>
<td>Chelsea Mackay 4D</td>
<td>Abbie-Rose Williams</td>
</tr>
<tr>
<td>2C</td>
<td>Jye Melvin 5A</td>
<td>Tylr Brown</td>
</tr>
<tr>
<td>2D</td>
<td>Jason Young 5B</td>
<td>Wesley Turner</td>
</tr>
<tr>
<td>2D</td>
<td>Tanya Nona 5D</td>
<td>Georgina Watt</td>
</tr>
<tr>
<td>2E</td>
<td>Montel Geia 6B</td>
<td>Harley Taylor</td>
</tr>
<tr>
<td>2E</td>
<td>Violet Fraser 6C</td>
<td>Emma Brinkley</td>
</tr>
<tr>
<td>2F</td>
<td>Georgia Walterspoon</td>
<td></td>
</tr>
</tbody>
</table>

William Snell
Jack Murdock
Stella Abbott
Keely Harrison
Dylan Haynes
Isaac Trueman
Matthew Schulz
Ky Chong
Igen Goldsworthy
Tenika Hills Amory
Abby Wilmot
Savannah Jackson

Ditto’s Keep Safe Adventure Education Program

This Thursday 19 March at 12:15pm in the Hall, Years 1-3 students will have the opportunity to experience a Personal Safety Education Program “The Ditto Show”. Bravehearts is extremely proud of this program and believe that by providing children with the basic principles of personal safety, they are providing them with the tools to stay safe.

Just as teaching children the road rules cannot guarantee our children’s safety on the roads, no program can guarantee to “abuse-proof” our children. But, by teaching them the principles of personal safety we are giving them the knowledge they need to stay safe and know what to do if anything does happen.

Ditto’s Keep Safe Adventure Program and resources are NOT SEX EDUCATION. The main aim of the program is to enhance children’s emotional literacy.

Topics covered throughout the show consist of “Yes” & “No” Feelings, The Body’s Warning Signs, Private Parts, Secrets and what to do if you feel unsafe or unsure.

The cost of the performance is free, however a gold coin donation will ensure the continuation and expansion of the program throughout Australia.

If you do not wish for your child to attend the show please notify your child’s teacher. Should you have any questions about the program please do not hesitate to contact the Bravehearts Head Office on 07 5552 3000. For information on attending the Parent/Teacher Information Session, please contact us for availability & times.

PARENTS WELCOME!

Trish McEvey – Head of Curriculum

P&C Pieces

The P&C AGM is on TONIGHT Tuesday 17 March at 7:00pm in the Staffroom followed by the general meeting. All new parents welcome.

Laurelle Jones – P&C Secretary

World’s Greatest Shave Update

Thank you to all for your support in reaching well above our target of $2000. The total of funds raised with sausage sizzle, raffle, donations, toys and the icy cups was a grand total of $3237-65.

Thank you for your support...

Alice, Amy & Rosanne

World’s Greatest Shave Assembly Pics

Congratulations to the following students who received a “Special Achievement Award” from Camp Tallebudgera.
**Student Resource Scheme – $40 per student**

The Student Resource Scheme needs to be paid to the school in full by the end of Term 1.

If you have any questions please don’t hesitate to contact Karen Finnigan.

Karen Finnigan – Business Services Manager

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**Tuckshop Talk**

- **Mar 18** Carol, Sandra, Michelle (½ day)
- **Mar 19** Leanne, Leah, Emma (½ day)
- **Mar 20** Jo, Leanne
- **Mar 23** Mad Murdock Monday, Leanne
- **Mar 24** Fiona

*There are no slushies*

*Children CANNOT order over the counter at break times with $10 or $20 notes. Parents will be called.*

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**P&C AGM & General Meeting**

The P&C Annual General & General Meeting will be held TONIGHT @ 7:00pm in the staffroom. ALL WELCOME!

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**Kirwan Keepers**

- **17 March** …… P&C Annual General Meeting – 7:00pm in the Staffroom
- **19 March** ……… Yrs 1-3 Personal Safety Education Program – 12:15pm in the Hall
- **20 March** ………….. Prep photos published in Townsville Bulletin
- **24 March** ………….. Defence Parent Chat Group – 2:00pm Defence Room
- **26 March** ………….. Student Council Discos – *Note new times*
- **26 March** ………….. Pizza @ the Disco – 4:30pm – 5:30pm
- **31 March** ………….. Easter Services – Multipurpose Hall
- **02 April** ……………………. Student Resource Scheme paid in full by
- **02 April** ……………………. Last Day of Term 1
- **20 April** ……………………. First Day of Term 2
- **27/28 April** ……………………. School Photos
- **23 & 24 June** ……………………. School Musical “The Little Mermaid”

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**Defence News**

- Hi everyone! Our next parent chat group will be on Tuesday 24 March starting at 2:00pm in the defence room.
- If you have any school or defence-related matters please come in and see us at the Defence Room or leave a message at the office for us.
- For all our new families who have posted into Townsville please be aware that you may be eligible for tutoring assistance through the Education Scheme. This means that you will be reimbursed by Defence for tutoring for up to 14 hours. This tutoring must take place within 18 months of you locating. Please come and see us at the Defence Room if you think you are eligible or need more info.

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**Update of Confidential Student Information**

In an endeavour to keep students’ contact details as up-to-date as possible, confidential student cards will be sent home with your children in the very near future in an envelope personally addressed to you as carer of your child, and marked ‘private and confidential’. We would appreciate your help in checking the information thoroughly and updating any details that are incorrect, including parent address and phone details, emergency contact information, legal and/or custody details and medical information. Once complete, please return your child’s form in the ‘private and confidential’ envelope to the school office for attention. Please don’t hesitate to contact any of our school office staff if you have any questions or concerns at all.

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**Pizza at the Disco**

The P&C will be selling slices of pizza for $2 from 4:30pm – 5:30pm at the disco next week.

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**HPE News**

- Congratulations to Cameron Miller and Jack Murdoch who have made the Thuringowa AFL boys team this week. They will be trialling for the QLD team in a few weeks time. Good luck boys.
- We have Qld Cricket coming to our school Wednesday morning this week at 8:15am in the Shed and bringing free Milo to sample (including milk).

Emma Talbot – HPE Teacher

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**Students Council Disco – Thursday 26 March**

Prep, Year 1, Year 2 & Year 3 – 4:00pm-5:00pm

Year 4, Year 5 & Year 6 – 5:30pm-7:30pm

Discos for 2015 will be held every semester, not every term.

**NOTE THE TIME CHANGES FROM LAST YEAR FOR BOTH DISCOS.**

$5 tickets went on sale for the disco on Tuesday 17 March (today) and are available from Mrs Taylor’s room – H Block. Prep children attending must be accompanied by an adult for the duration of the disco. ALL children attending MUST be dropped off and collected from the Multipurpose Hall.

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**Musical – “The Little Mermaid”**

The Little Mermaid Jr Rehearsal Schedule for Term 1 Week 7, 8, 9, 10

- **Monday 1** – Scene 1, 2, 3, 4, 5
- **Wednesday 1** – Scene 6, 7, 8, 9, 10
- **Friday 1** – Scene 11, 12, 13

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**Jenny & Leigh – DSTAs**

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**Sharon Ransom – Music Teacher**

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**The Student Resource Scheme needs to be paid to the school in full by Thursday 02 April 2015.**

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**Defence Parent Chat Group – 2:00pm Defence Room**

**Thur 24 March**

- **Karen Finnigan** – Business Services Manager

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**Kind regards…**

Sharon Ransom – Music Teacher

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**The Little Mermaid**

Disney

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**Emma Talbot – HPE Teacher**

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**Jenny & Leigh – DSTAs”**
(Please note the new disco times.) No child will be permitted to leave without an adult accompanying them.

**Uniform Shop**

The Uniform Shop is OPEN every Wednesday from 8:15am-8:45am in H Block selling second-hand uniforms. We are in need of more second-hand uniforms so if you have some spare, please consider donating them to the school. Please be advised that we are unable to swap uniforms or sell uniforms on your behalf.

**HATS** – The uniform shop is selling new reversible hats in the four house colours for $12 each.

**Easter Services**

Our Easter Services will be held for all students on Tuesday 31 March, here at the school in the multi-purpose hall. Parents, grandparents and carers are most welcome to attend.

- Prep, Years 1 & 2.................. 11:45am – 12:15pm
- Years 3, 4, 5 & 6 .............. 12:30pm – 1:00pm

**Important Information about Lost Property**

All lost property will be placed out in the Tuckshop covered area on Friday morning and afternoon for collection of lost items. All unclaimed items will be donated to charity on Friday afternoon.

As we keep accumulating a huge amount of lost property we are asking parents to check for belongings regularly as we will be donating un-named items fortnightly to charity. The Lost Property bins are located near Admin. Named items will be delivered back to students.